











December 2011

**Bedford County Public Schools
Middle School**

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Biscuit Ham Biscuit Fruit Juice or Fruit Cup Milk (lowfat, skim)	Chicken Biscuit Sausage Biscuit Egg Biscuit Fruit Juice or Fruit Cup Milk (lowfat, skim)	Steak Biscuit Sausage Biscuit Ham Biscuit Fruit Juice or Fruit Cup Milk (lowfat, skim)	Chicken Biscuit Sausage Biscuit Egg/Cheese Biscuit Fruit Juice or Fruit Cup Milk (lowfat, skim)	Breakfast Buffet Fruit Juice or Fruit Cup Milk (lowfat, skim)

LUNCH

OFFERED AS A DAILY BREAKFAST & LUNCH ENTRÉE CHOICE: Yogurt w/grain item Great Vegetarian Choice Salad, Fruit Choice & Milk also offered as a daily lunch choice			1 Chicken Nuggets w/Roll Cheese Lasagna/Roll Italian Wrap <u>Sides</u> Mashed Potatoes, Green Beans, Tossed Salad, Fruit	2 Pizza Taco w/Fixings Fish Treasures w/Hushpuppies <u>Sides</u> French Fries or Baked Potato, Baked Beans, Manager's Choice Vegetable, Fruit
5 Pizza Chicken Tenders/Biscuit Cheeseburger <u>Sides</u> French Fries or Baked Potato, Steamed Capri Veggies,Tossed Salad, Fruit	6 Breaded Mozzarella Sticks w/Sauce Corn Dog Nuggets Manager's Choice <u>Sides</u> Baked Chips or Potato Choice, Lima Beans, Tossed Salad, Fruit	7 Pizza Chicken Patty Sandwich Grilled Cheese Sandwich <u>Sides</u> French Fries or Baked Potato, Soup Choice, Tossed Salad, Fruit	8 Chicken Nuggets w/Roll Meatball Sub Crispy Fish Sandwich <u>Sides</u> Mashed Potatoes, Green Beans, Tossed Salad, Fruit	9 Pizza Chicken Fajitas Hotdog w/Chili <u>Sides</u> French Fries or Baked Potato, Mexicali Corn, Tossed Salad, Fruit
12 Pizza Popcorn Chicken w/Toast Cheeseburger <u>Sides</u> French Fries or Baked Potato, Manager's Choice Vegetable,Tossed Salad, Fruit	13 Cheese Sticks w/ Sauce Grilled Chicken Sandwich Manager's Choice <u>Sides</u> Baked Chips or Potato Choice, California Blend Veggies, Tossed Salad, Fruit	14 Pizza Chicken Parmesean Sandwich Chili & Cheese Nachos <u>Sides</u> French Fries or Baked Potato, Steamed Mixed Veggies, Tossed Salad, Fruit	15 Chicken Nuggets w/Roll Cheese Lasagna w/Roll Manager's Choice <u>Sides</u> Mashed Potatoes, Green Beans, Tossed Salad, Fruit	16 Pizza Corn Dog Nuggets Carolina BBQ Sandwich <u>Sides</u> French Fries or Baked Potato, Steamed Broccoli, Soup Choice, Fruit
19 SCHOOL CLOSED WINTER BREAK 	20 SCHOOL CLOSED WINTER BREAK 	21 SCHOOL CLOSED WINTER BREAK 	22 SCHOOL CLOSED WINTER BREAK 	23 SCHOOL CLOSED WINTER BREAK 
26 SCHOOL CLOSED WINTER BREAK 	27 SCHOOL CLOSED WINTER BREAK 	28 SCHOOL CLOSED WINTER BREAK 	29 SCHOOL CLOSED WINTER BREAK 	30 SCHOOL CLOSED WINTER BREAK 

Wishing you and your family a wonderful holiday season!
We will see you back on January 2, 2012!

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